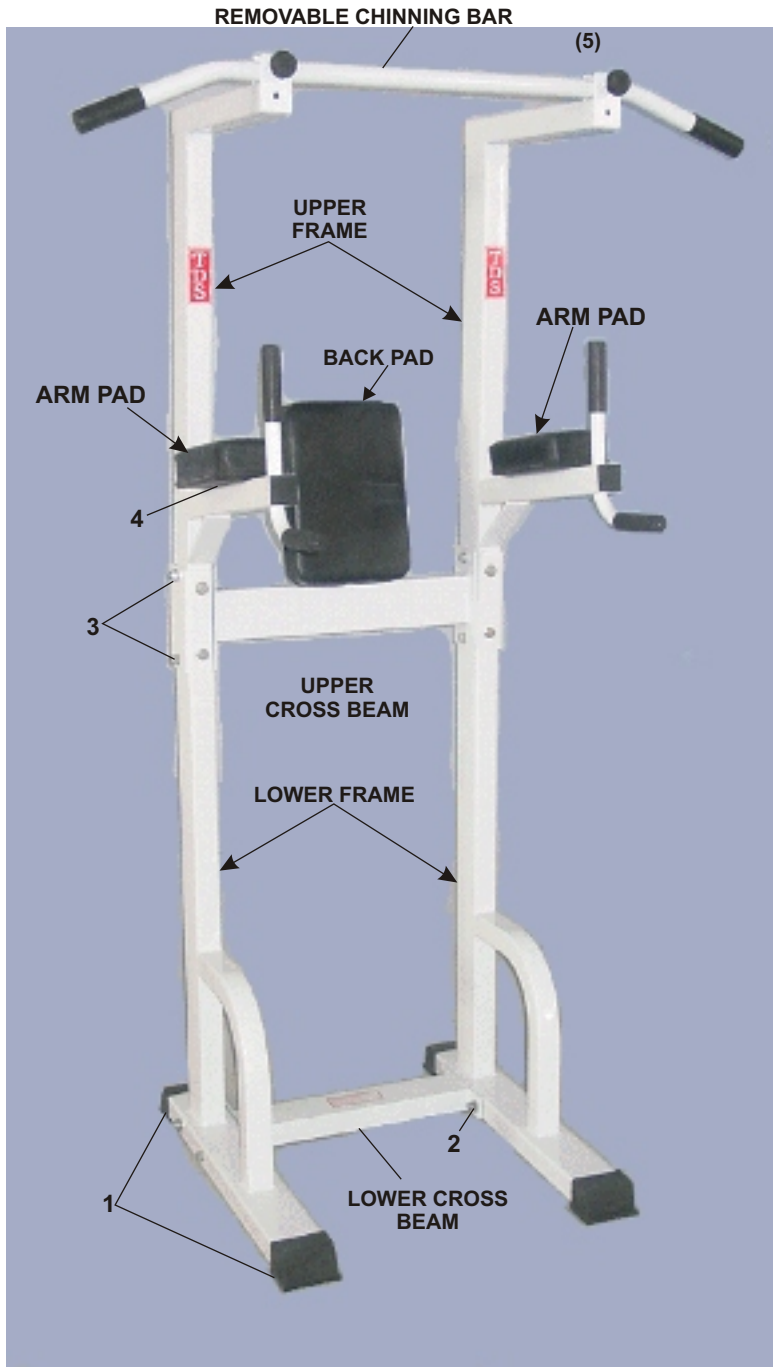


C81601W - MEGA DIP CHIN & LEG RAISE



THIS UNIT REQUIRE TWO PEOPLE FOR ASSEMBLY
TOOLS REQUIRED: 2 - 9/16 AND 2 - 3/4 WRENCHES

STEP 1: PUSH (4) 2 X 4" FOOT ON TO (2) SIDES

STEP 2: ATTACH (1) LOWER CROSS BEAM TO (2) SIDES WITH (4) 1/2" X 5 1/2 BOLTS, (8) 1/2 FLAT WASHERS & (4) 1/2 LOCK NUTS.

SEE DRAWING # 2

STEP 3: ATTACH (2) UPPER FRAME, (2) L - FLANGE & (1) UPPER CROSS BEAM TO (2) LOWER FRAME WITH (4) 1/2 X 3 1/2 BOLTS, (4) 1/2 X 5 1/2 BOLTS, (16) 1/2 FLAT WASHERS & (8) 1/2 LOCK NUTS. SET UNIT ON LEVEL SURFACE & TIGHTEN HARDWARE.

STEP 4: ATTACH (2) ARM PAD & (1) BACK PAD TO UNIT WITH (6) 3/8 X 3 BOLTS & (6) 3/8 FLAT WASHERS FINGER TIGHT. CENTER PADS ON UNIT AND TIGHTEN HARDWARE. DO NOT OVER TIGHTEN.

STEP 5: PLACE CHIN BAR IN CATCH ON TOP AND SECURE WITH (2) 3/8 HAND KNOBS.

STEP 6: FILL OPEN TUBES WITH (4) 2 PLUGS AND (1) 2 X 4 PLUG.

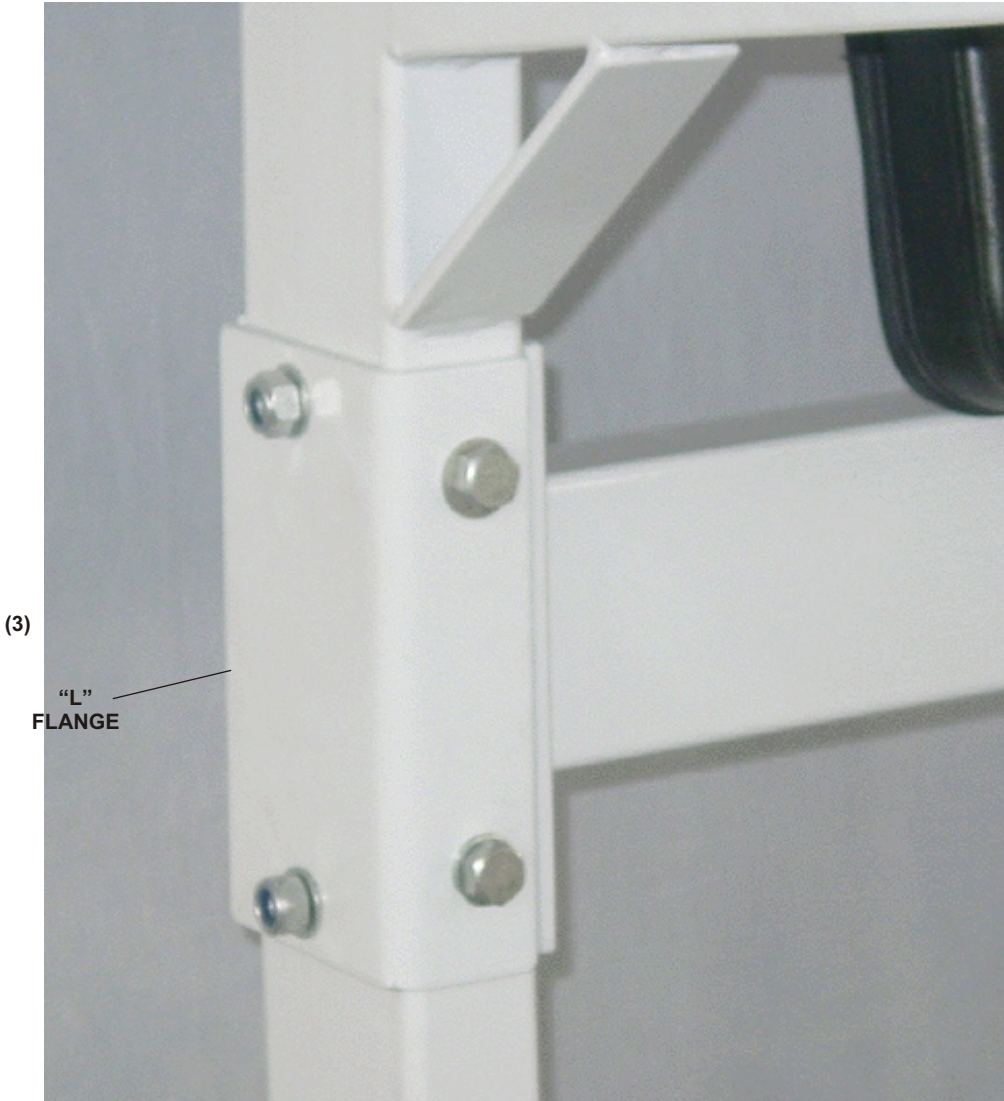
HARDWARE:

6 PCS - 3/8 X 3 BOLTS
6 PCS - 3/8 FLAT WASHERS
4 PCS - 1/2 X 3 1/2 BOLTS
8 PCS - 1/2 X 5 1/2 BOLTS
24 PCS - 1/2 FLAT WASHERS
12 PCS - 1/2 LOCK NUTS
2 PCS - 3/8 HAND KNOBS
4 PCS - 2 SQUARE PLUGS
1 PC - 2 X 4 PLUG
4 PCS - 2 X 4 FOOT

**THIS EQUIPMENT
DESIGNED BY TDS IN USA
MANUFACTURED IN CHINA**

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ELMIRA, NY 14904, USA
607-733-6789**

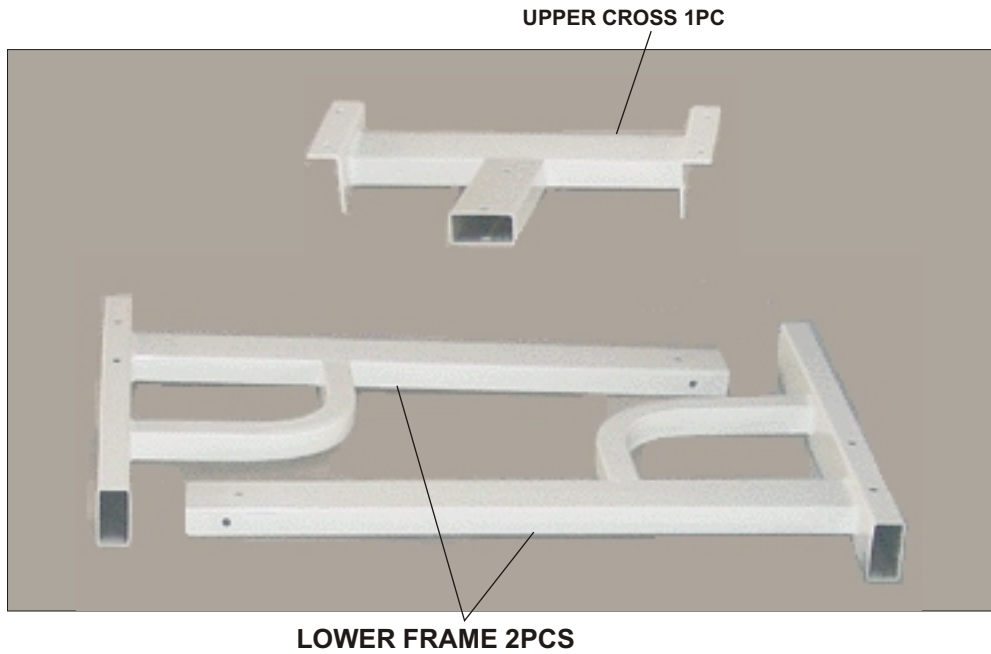
C81601W-MEGA DIP CHIN & LEG RAISE
DRAWING # 2



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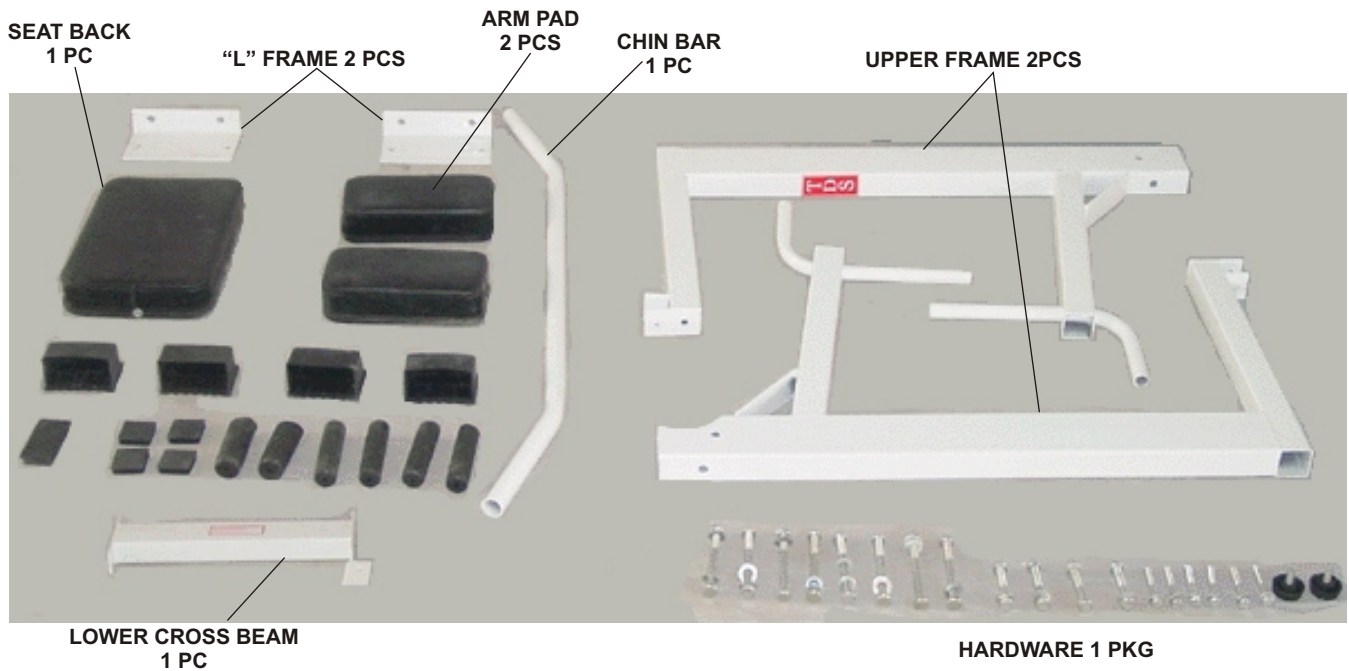
C81601W - MEGA DIP CHIN & LEG RAISE
PACKING LIST
BOX - 1 OF 2



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C81601W - MEGA DIP CHIN & LEG RAISE
PACKING LIST
BOX - 2 OF 2



LITERATURE 1 PKG

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